Abnormal Psychology

Introduction to Abnormal Behavior with songs

Overview: Give brief overview of maladaptive, social deviance/atypical, subjective discomfort, statistically rare. Have students number 1-10, or how many songs you may play, for each number students jot down any disorder they believe may be present and why.

Suggestion- Play with song lyrics if possible,

Songs

Six degrees of interturbulence (song is 42:00, would never play this in class but it hits about 6 different disorders, every psych teacher should take a listen)-Dream Theater

Phantom Limb-Alice in Chains

Mind is playing tricks on me (CLEAN VERSION) Schizophrenia

I wanna Be Sedated (substance abuse)-The Ramones

Whiskey Lullabye – Brad Pailsey, Allison Krause (depression, addiction, suicide)

The Man Who Sold the World- (Sociopath) David Bowie/Nirvana Unplugged

All the Madmen-David Bowie (life in an asylum) song is actually about his half-brother who committed suicide in the 80’s

China Girl (Heroin Addiction) David Bowie

Lithium (Nirvana) Bi-Polar disorder

Goodnight Saigon-Billy Joel (PTSD)

Schizophrenia-Sonic Youth (Schizophrenia)

Paint it Black-Rolling Stones (Depression)

Lola-The Kinks (Sexual Dysmorphic Disorder)

Stan-Eminem (Anti-Social Personality)

Never Gonna Leave You Baby-Led Zepllin (dependent personality disorder)

Zombie-Cranberries (PTSD)

Jumper-Third Eye Blind (depression/addiction/anxiety)

Manifest -Fugees(Schizophrenia/Depression/Suicide)

Basket Case-Greenday (Anxiety)

Fire and Rain-James Taylor (recovery from depression)

I Can’t quit you Babe-Zepplin (addiction)

Somebodies Watching Me-Rockwell (Paranoia)

Joey –Concrete Blonde (Depression, Withdrawl?)

The Stranger-Billy Joel (Dissociative Disorder)

Mother-Pink Floyd -discuss the Wall in general

The Acute Paranoid Schizophrenic Blues- The Kinks (take a guess)

Don’t Close your Eyes-Keith Whitely (Depression)

Jeremy-Pearl Jam (sociopath/school shooting)

Mr. Jones- Counting Crows (Dissociative)

Colorblind-Counting Crows (Dissociative)

Round Here-(Mentall Illness)-Counting Crows

Howard Hughes-Rasputina-OCD

Im So Tired- The Beatles (Depression)

Perfect Blue Buildings –Counting Crows (depression)

Long December-Counting Crows (depression)

Im Bad-Ll Cool J (Narcissism)